

September 2008

To preorder call the GOURMET GROUP tel: (619) 200-4205 or e-mail us at lunchboxgourmet@gourmetgroup.biz Visit us at www.gourmetgroup.biz

Monday	Tuesday	Wednesday	Thursday	Friday
Closed	<ul style="list-style-type: none"> • Thai Chicken Salad 2 • Fall Harvest Salad • Assorted Chef's Choices 	<ul style="list-style-type: none"> • Orzo Greek Salad 3 • Crusted Chicken salad • Mexican Chicken Salad 	<ul style="list-style-type: none"> • BBQ Chicken Salad 4 • Greek Chicken salad • ½ salad- ½sandwich 	<ul style="list-style-type: none"> • Taco Salad 5 • Italian Rice salad • Assorted Chef's Choices
<ul style="list-style-type: none"> • Mediterranean Pasta Salad 8 • Cobb Salad • ½ salad- ½sandwich 	<ul style="list-style-type: none"> • Thai Chicken Salad 9 • Crusted Chicken Salad • Assorted Chef's Choices 	<ul style="list-style-type: none"> • Orzo Greek Salad 10 • Fall Harvest Salad • Mexican Chicken Salad 	<ul style="list-style-type: none"> • BBQ Chicken Salad 11 • Greek Chicken salad • ½ salad- ½sandwich 	<ul style="list-style-type: none"> • Taco Salad 12 • Italian Rice salad • Assorted Chef's Choices
<ul style="list-style-type: none"> • Mediterranean Pasta 15 • Cobb Salad • ½ salad- ½sandwich 	<ul style="list-style-type: none"> • Thai Chicken Salad 16 • Crusted Chicken Salad • Assorted Chef's Choices 	<ul style="list-style-type: none"> • Orzo Greek Salad 17 • Fall Harvest Salad • Mexican Chicken Salad 	<ul style="list-style-type: none"> • BBQ Chicken Salad 18 • Greek Chicken salad • ½ salad- ½sandwich 	<ul style="list-style-type: none"> • Taco Salad 19 • Italian Rice salad • Assorted Chef's Choices
<ul style="list-style-type: none"> • Mediterranean Pasta 22 • Cobb Salad • ½ salad- ½sandwich 	<ul style="list-style-type: none"> • Thai Chicken Salad 23 • Crusted Chicken Salad • Assorted Chef's Choices 	<ul style="list-style-type: none"> • Orzo Greek Salad 24 • Fall Harvest Salad • Mexican Chicken Salad 	<ul style="list-style-type: none"> • BBQ Chicken Salad 25 • Greek Chicken salad • ½ salad- ½sandwich 	<ul style="list-style-type: none"> • Taco Salad 26 • Italian Rice salad • Assorted Chef's Choices
<ul style="list-style-type: none"> • Mediterranean Pasta 29 • Cobb Salad • ½ salad- ½sandwich 	<ul style="list-style-type: none"> • Thai Chicken Salad 30 • Crusted Chicken Salad • Assorted Chef's Choices 	<ul style="list-style-type: none"> • Orzo Greek Salad Oct 1 • Fall Harvest Salad • Mexican Chicken Salad 	<ul style="list-style-type: none"> • BBQ Chicken Salad Oct 2 • Greek Chicken salad • ½ salad- ½sandwich 	<ul style="list-style-type: none"> • Taco Salad Oct 3 • Italian Rice salad • Assorted Chef's Choices
<ul style="list-style-type: none"> • Mediterranean Pasta Salad: Penne pasta, chicken, pesto, tomato, olives, parmesan on bed of lettuce with balsamic dressing 		<ul style="list-style-type: none"> • Marie's Parisian Salad: Romaine with bacon, eggs, croutons with Dijon mustard dressing <p><i>Can be special ordered</i></p>		<ul style="list-style-type: none"> • Strawberry Fields Salad : Romaine, fresh strawberries, chicken, walnuts feta cheese and balsamic dressing <p><i>Can be special ordered</i></p>

SANDWICH BAR

<u>Make your sandwich</u>	Bread Selection	Meat Selection	Cheese Selection	
<p>Build your own sandwich and order it with your waiter...</p>	Whole Wheat Ciabatta Tomato Wrap Spinach Wrap Plain Tortilla Wrap	Multi grain Baguette Roasted Turkey Smoked Ham Salad Roast Beef Pastrami Egg Salad Tuna Chicken Salad	Brie Provolone Mild Cheddar Pepper Jack Swiss Gouda	<p>We do include tomato and lettuce in each sandwich but provide mustard, mayo on the side</p>
		<p>Vegetarian sandwiches</p>		

Because we only use the freshest ingredients, we may have to substitute certain items according to availability

Our NEW prices are:

- Lunches \$7⁵⁰
- Cookies \$1⁵⁰
- Granola & Yogurt \$5²⁵
- Fruit Salads..... \$3²⁵
- Homemade Dressing... \$4⁹⁵

Just to remind you... The GOURMET GROUP is a full Service Catering Company.

Let us cater your Corporate or Private Event (Serving Staff or Self Serve)

Call us for your private consultation.

Bon Appétit...